

KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE  
ADMINISTRATIVE BOARD

REGULAR MEETING

October 21, 2003

**Members Present:** Linda Brown, Joan Clement, Nancy Code, Roger Goodman, Jim Harbaugh, Larry Hill, Kim Murillo, Yasmin Smith

**Members Absent:** Pam Detrick (excused), Bob Seidensticker (excused), Scott Strawn (excused)

**Staff Present:** Rhoda Naguit

**Guests Present:** Tim Burdick, Ryther Child Center; Gwen Greiner (board applicant); Frank Irigon, WAPIFASA; Pat Knox, Recovery Centers of King County; Ken Nicholas, Community Psychiatric Clinic-Bridgeway Recovery Program; Sharon Toquinto, Seattle-King County Public Health, Alcohol & Other Drugs (AOD) Prevention Division

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Board Chair Linda Brown convened the regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) at 12:05 p.m. The meeting was held at the conference room of the Dutch Shisler Sobering Service Center.

I. WELCOME AND INTRODUCTION

Board Chair Linda Brown recognized Gwen Greiner, a potential board applicant. Gwen has a rich background in mental health and chemical dependency fields and is currently working as a researcher for the Veteran's Administration. Linda also informed the group about the absence of Jim Vollendroff, Geoff Miller and Harvey Funai due to minor illness. Linda then asked everyone to introduce him/herself.

II. REVIEW/APPROVAL OF MEETING MINUTES

Nancy Code made a motion, which was seconded by Roger Goodman, to approve the August 19, 2003 board meeting minutes as submitted. The motion passed and was unanimously approved.

III. PREVENTION QUARTERLY REPORT

A. RFP Process Update

Sharon Toquinto gave an update on the Prevention Request for Proposal (RFP) process. The Alcohol and Other Drugs (AOD) Prevention Division received 75 requests for copies of their RFP. There was a total of \$2.8M funds requested. The actual available funding is \$1.22M only. The RFP framework was in three

categories: Best Practices Projects, Promising Practice Projects and Innovative Practice Projects. Under Best Practices project category, the strategies included Project Alert, Mentoring, Parenting: a Skills Training program, Life Skills Training; Families That Care, Strengthening Families, All Stars, and Nurturing, Creating Lasting Connections. The Promising Practice Projects category, included Strengthening Multi-ethnic Families and Communities and Storytelling for Empowerment. The third category, Innovative Practice Projects included Manana Coalition, an intern program, a journalism program, Parent Party Patrol and a Parent Education Workshop using Incredible Years and Families that Care: Guiding Good Choices.

Successful agency bidders for this RFP have already received and signed their contracts. The Division conducts a regular monthly meeting with these sub-contracted agencies.

B. AOD Prevention Events

On Wednesday, October 29<sup>th</sup> at 1-2:30 p.m. there will be an Anti-Drug Mural Unveiling ceremony sponsored by the Seattle-King County Public Health Department. The event will be held in the old Uwajimaya Building located at 519 6<sup>th</sup> Avenue South in Seattle. The mural titled "Another World is Possible Drug-Free" was created and painted by 18 youth from Washington Asian Pacific Islander Families Against Substance Abuse (WAPIFASA) Summer Program, in conjunction with Project STEPS. Keynote speaker will be King County Executive Ron Sims. Executive Ron Sims and Public Health Director Alonzo Plough will do the presentation of awards and recognition.

The Prevention Summit will be held on October 16-17, 2003 in Yakima. King County AOD Prevention Division staff will do presentations on various topics which include development of Best Practices, Project Alert, Ecstasy and others

Linda Brown inquired if AOD Prevention program was affected by the budget cut. Sharon responded that the Division was not taking any cuts in this year's budget.

On behalf of the board, Linda thanked the AOD Prevention staff for their work in strengthening the connections between prevention with treatment.

IV. AGENCY PRESENTATION

A. Ryther Child Care

Tim Burdick gave a brief description of Ryther Child Care. The agency provides youth intensive outpatient and outpatient chemical dependency treatment services in two sites. The first site is in the Lake City area, which is their main

office, and the second site is located at White Center, primarily serving the West Seattle area. The agency has increased services from 200 to 700 hours of group treatment, the modality they've found to be more effective among the youth. To make the program more accessible to youth, the agency provides services after school hours. Groups are offered at 6-8pm three to four times a week. The agency is also providing prevention services for Seattle School district due to decrease in school prevention staff.

RCC is looking for dually certified staff. The agency gives incentives to potential applicants and staff by sending them to school with tuition paid.

A question was asked whether the agency allows their clients to hold a job or go back to school while in treatment. Tim responded that intensive outpatient clients are required to complete 72 hours of treatment before they could hold a job or go back to school.

**Challenges:**

- Meeting the service needs
- Hiring enough adequately trained and experienced staff
- Ability to provide Case Management
- Change of attitude on the use of drugs
- Developing client motivation for treatment

**Questions:**

What is the waiting list for inpatient services? It is 1-2 months. The application process is one reason for the waiting period. Are mental health clients screened for chemical dependency? The answer is "Yes." Are families involved in the treatment? Family is invited to provide information during the assessment process. The agency also conducts a monthly Family Support Group.

**B. Recovery Centers of King County**

Pat Knox, CEO of Recovery Centers of King County (RCKC), distributed packet of information about the agency. RCKC, which has been in operation for 30 years, provides a full continuum of chemical dependency treatment for individuals of all income levels, their families and significant others.

RCKC has 3 outpatient chemical dependency treatment sites. The Enumclaw site provides a full range of outpatient chemical dependency treatment programs in South King County. ADATSA services will be provided at the Enumclaw facility starting next year. The Detoxification Facility has 35 acute beds, 20 sub-acute detox beds, 12 stabilization beds and 6 contracted beds with the Veterans

Administration. The Sobering Center is currently providing 60 "sleep off" slots, primarily for chronic public inebriates from the downtown Seattle area.

In addition to service sites, RCKC also provides housing for chemically dependent clients. In cooperation with Leighton Association, RCKC provides 23 housing units at Leighton Apartments for low income adults with chemical dependency as well as physical or mental disabilities. The Wright Place has 5 units available for low income, adult females in recovery from chemical dependency. Carlye House and Dayton House also provide housing for low income adult males in recovery from chemical dependency.

Pat also discussed some demographic data showing that clients at the Sobering Center are predominantly Native American.

**Challenges:**

- The costs of staffing, especially Registered and Licensed Practical Nurse salaries.

**Successes:**

- Agency's involvement in the Clinical Trial Network, a multi-site research project with the University of Washington Alcohol and Drug Abuse Institute.
- Agency had developed a more positive working relationship with MHCADSD.

**Completion Rates:**

For the period of January to October 2003, the agency completion rate was 53%. Their Central office had a 46% completion rate ; while Enumclaw had a 59% completion rate.

RCKC conducts a satisfaction survey twice yearly as part of their outcome measurement.

**Outcomes for 2002 & 2003**

The following are the total admissions per RCKC outpatient site:

- Central site had 741 in 2002 and 371 between January-October 2003.
- Kent site had 1035 in 2002 and 734 in January-October 2003.
- Enumclaw facility had 234 in 2002 and 121 between January-October 2003.
- Detoxification Facility's unduplicated total number of admission was 2,505 in 2002 with 3,345 duplicated admissions.

The total number of unduplicated outpatient admissions in all sites was 2,010 in 2002 and 1,226 between January-October 2003.

The primary drug of choice for clients in Central, Kent and Enunclaw facilities was alcohol both in 2002 and 2003. Detoxification Facility's primary drug of choice in 2002 was opiates/heroin but between the period of January-October 2003, the drug of choice has been alcohol.

Linda Brown acknowledged Pat Knox's contribution to the improved working relationship with King County.

## V. CHAIR'S REPORT

### A. RFP Process

RFP review process has been completed. Jim will email board members of the list of agencies awarded with contracts.

### B. 2003 MHCADSD Exemplary Service Awards

This year's Exemplary Service Awards was held on October 2<sup>nd</sup> attended by more than 100 members of the mental health and substance abuse communities. King County Executive Ron Sims and King County Prosecutor Norm Maleng were in attendance and presented the awards.

Two of the award winners were from CD agencies. Leroy "L.C." Canty from Central Youth and Family Services received the Direct Service Award while Heather Reitmeier of Ruth Dykeman Youth and Family Services was the recipient of the System Integration Award for the development and implementation of a blended chemical dependency/mental health out-patient team.

### C. 25 Cities Initiative

Bob Seidensticker was the board's representative to this program. He will make the report next board meeting.

### D. CD Report Card

The first CD report card has been sent out to agency service providers and other interested parties. Linda Brown acknowledged and commended the great amount of work done by the Division in putting this report together.

E. Liaison Reports

- **Joan Clement: Chronic Populations Action Council/Mental Health Advisory Board**

Joan missed the last meeting of CPAC.

The Mental Health Advisory Board met last Tuesday, October 14<sup>th</sup>. The board discussed the Medicaid waiver and the negotiation going on with JLARC. Community Psychiatric Clinic, Therapeutic Health Services and Consejo Counseling and Referral Services have opened their treatment facility in the eastside.

- **Nancy Code: Children and Family Commission**

The focus of the meeting was on funding and contracts issues.

- **Roger Goodman: Adult Providers Meeting**

Roger attended the meeting for the first time and found it to be a very informative meeting. Many providers were receiving recognition for their work. Dave Murphy, the Criminal Justice Initiative Coordinator, did a presentation about this program and reported that the program is in full swing with staff in place. Linda Brown asked that hard copy of the presentation be sent to all board members.

F. Board Planning Retreat

Rhoda Naguit will put out an email to find out the availability of board members during the first week of December for the retreat.

G. Legislative Forum

A fair amount of time was set aside for discussion regarding the forthcoming Legislative Forum. The forum is scheduled on Tuesday, November 18<sup>th</sup>, the day of our board meeting, at 7:00-9:00pm at Kirkland Performing Artists Center in Bellevue. The program proper will start at 7:30pm. The board was encouraged to come at 7:00pm to interact with legislators.

The group surveyed the site and found it to be very intimate. The administrator of the facility waived the \$500 rental fee as a token of appreciation for good business relationship with King County.

Roger shared a draft order of program.

The priority legislative issues that will be presented at the forum are the following:

- Mental Health parity –The Mental Health Board have a petition available for individuals attending the Forum to sign in support of legislation promoting mental health parity.
- Chemical Dependency residential capacity.
- Stable Funding Sources for CD and MH Services – Ideas and issues include the possibility of a beer excise tax proposal, the funding crisis in mental health/chemical dependency and the Title XIX.

The question of a petition related to CD issue was discussed. Board members decided that residential capacity and the related issue of residential bed rates was an appropriate issue. Linda Brown will work with Jim Vollendroff and the Division to develop a CD petition addressing residential capacity. She will email a draft of the petition document to board members for their review and feedback before the Legislative Forum.


Roger will serve as emcee at the second half of the Legislative Forum program. The Board needs to decide who will present CD issues at the Forum. Discussion included suggestions of having one presenter from youth treatment services and one from adult treatment services. Suggested agencies included Ryther Child Care or Ruth Dykeman Youth and Family Services for youth services could do the presentation focusing on co-occurring disorders. The board would like to make sure that chemical dependency issue is in the forefront in the presentations. Linda will meet with Jim Vollendroff to get his input on what to showcase and which agencies will be asked to present at the Legislative Forum.

There being no further business, the meeting was adjourned at 1:55 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

  
Linda Brown  
Board Chair